

Unlock Your Skin's Health

Staphylococcus (staph) is a germ that lives on the skin harmlessly but can cause boils (like a large, red, painful pimple that may have a white “head”) or other sores. The sores may burst and drain pus. Anyone with a sore that is draining pus can pass the germs to another person or to other parts of their own body.

If you have a boil or sore that is draining pus:

- Contact your health care provider for evaluation
- Cover all draining sores with a bandage
- Wash hands with soap and water for at least 15 seconds before and after touching any sore or boil
- Do not “pop” or open any boil or sore



Not every skin lesion is an infection, however even if you do not have a draining boil or sore:

- Wash hands with soap and water for at least 15 seconds
 - Before eating
 - After exercising
 - After using the bathroom
 - After sneezing, coughing, or blowing your nose
- Take a shower every day
- Do not share soap, razors, toothbrushes, or towels!

