

# HELPFUL LINKS

Center for Disease Control and Prevention:

<http://www.cdc.gov/>

District Wellness Committee:

<http://milfordk12.org/district-info/wellness-committee/>

Fuel Up Play 60

<http://school.fueluptoplay60.com/home.php>

High School Wellness Committee e-mail:

[hmilfordwellness@sau40.com](mailto:hmilfordwellness@sau40.com)