
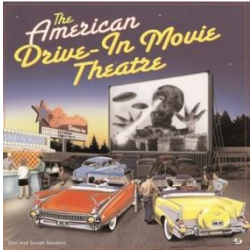





# April Menu 2018 MHS, MMS

**All meals are served with 1% or fat free flavored milk**

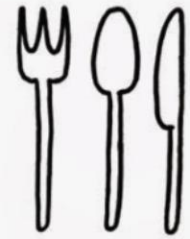
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>2 Cheese Nachos</b> WW Chips Salsa, Sour Cream Vegetable Fruit	<b>3 Asian BBQ Chicken</b> Chicken Chicken Rice Vegetable Pineapple Fortune Cookie	<b>4 Famous Chicken Bowl</b> Chicken Potato Corn Gravy, Roll Fruit	<b>5 BBQ Pork Sandwich</b> Pork Roll Baked beans Vegetable Fruit	<b>6 Papa Gino's Pizza</b> Vegetable Fruit
<b>9 Chicken Parmesan w/ Pasta</b> WW Pasta, Marinara Sauce Chicken Cheese Fruit	<b>10 Taco's in Bag</b> Chips, Taco Meat Cheese, Salsa, Sour Cream, Vegetable Red beans and Rice Fruit	<b>11 Baked Potato Bar</b> Assorted Toppings Salsa, Sour Cream Vegetable Roll Fruit	<b>12 Cowboy Burger</b> Burger Roll, BBQ Sauce Onion Rings Vegetable Fruit	<b>13 Milford House Pizza</b> Vegetable Fruit
<b>16 Cheese Burger Sub</b> Burger Cheese Roll Fruit & Vegetable	<b>17 Grilled Cheese Sandwich W/ Cheddar Cheese</b> <b>Chicken Noodle Soup</b> Fruit	<b>18 Pasta w/ meat sauce</b> WW Pasta Meat Marinara Sauce Vegetable Fruit	<b>19 Southern Plate</b> Baked beans Mac & Cheese Pork Sliced of bread Fruit	<b>20 Papa Gino's</b> Vegetable Fruit
<b>23 Spring Break</b> 	<b>24 Spring Break</b> 	<b>25 Spring Break</b> 	<b>26 Spring Break</b> 	<b>27 Spring Break</b> 
<b>30. Hot Dog</b> Roll Bean Salad Vegetable Fruit	<b>1 Buffalo Chicken &amp; Cheese Quesadilla</b> Hummus w Carrots Stix Fruit	<b>2 Cowboy Casserole</b> Meat Cheese, Beans, Tater tots BBQ Sauce Cookie, Fruit	<b>3 Fish Sandwich</b> Fish Filet Roll Fries Fruit	<b>4 Sal's</b> Vegetable Fruit

**USDA is an equal opportunity provider and employer**

**You now have the ability to pay for school Breakfast & lunch online.**

**Monitor your child's account balance; go to- <http://ezschoolpay.com>**

*Eat Green, Eat Healthy*



THE  
GREEN  
BAR

DREAM-ORACLE

## **Breakfast Menu** **Served Daily**

### **Breakfast Sandwich**

2oz. Whole Wheat Croissant  
1oz Turkey Sausage  
1oz. American Cheese  
1 Piece of Fruit or 1 Cup 100% Fruit Juice  
1 Cup 1% Milk or Fat Free Flavored Milk

### **Breakfast Cereal, Whole Grain**

Cinnamon Toast Crunch,  
Honey Nut Cheerios Golden Graham 1 cup  
1 Piece of Fruit or 1 Cup 100% Fruit Juice  
1 Cup 1% Milk or Fat Free Flavored Milk

### **Whole Wheat Bagel**

4oz. Bagel  
1oz Cream Cheese  
1 Piece or 1 Cup 100% Fruit Juice  
1 Cup 1% Milk or Fat Free Flavored Milk

### **Parfait**

Plain, Fat Free Yogurt 6oz.  
Strawberries ½ cup  
Granola 3oz  
1% or Fat Free Flavored Milk

### **Served Tuesday/ Thursday**

### **Whole Wheat Raised Donut**

3oz Donut  
1 Piece of Fruit or 1 Cup 100% Fruit Juice  
1 Cup 1% Milk or Fat Free Flavored Milk

### **Muffin**

Blueberry Banana Muffin, or Cinnamon Coffee Cake  
1 Piece of Fruit or 1 Cup 100% Fruit Juice  
1 Cup 1% Milk or Fat Free Flavored Milk

### **Served Wednesdays & Fridays**

### **Fruit Smoothie**

6oz. Plain Fat Free Yogurt  
4oz Strawberries  
4oz Banana  
2oz 100% Orange Juice

### **Sides**

Lite Cream Cheese .25, Sun Butter-2oz, Jam -1oz

**Breakfast Meal** , Prices- Full Breakfast Meal- \$1.75 /Reduced .30 /Free

# **SERVED DAILY**

## **Turkey or Ham Wrap**

Served with

Wrap

Cheese

Lettuce

Mustard/Mayo

Fruit or Vegetable or Both

## **Fresh Fruit Salad**

Cut up Fresh Fruit

String Cheese

Wheat Thins

Vegetable

## **Strawberry Parfait**

Granola

Strawberries/ Blueberries

Yogurt

String Cheese

Fat Free Flavored or 1% milk is offered

Additional Fruit or Vegetable is also available with these meals.

## **FULL SALAD BAR OPEN DAILY**

All meals are served with 1% or Fat Free Flavored milk

Daily meals are subject to change due to product availability.

Lunch meal \$3.05/reduced .40/ Free

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